

NEW LOTHROP JUNIOR HIGH AND HIGH SCHOOL

STRESS RELIEF WITH THERAPY DOGS

As final exams and the end of the semester come closer, the stress levels of our students rise. Interactions with therapy dogs can improve energy levels, self-esteem, and mood, as well as decrease stress levels.



Mrs. Bemis' dog, Bella



Mrs. Jacobs' dog, Koda

**THERAPY DOGS WILL BE IN THE BUILDING ON 12/9
DURING 5TH AND 6TH HOURS**

Each class will have 15 minutes with the group of therapy dogs in a neutral location. If you would like to opt your student out of time with the dogs, or would like to alert the school of an allergy, please contact our school social worker at akviz@newlothrop.k12.mi.us.

There will be an alternative activity available.

All dogs on campus will be trained and certified therapy dogs.